

WARRIORS SQUAD

Entry level squad which introduces younger swimmers from the learn-to-swim system into swimming club structure with a fun technique focussed program. It is aimed at developing swimmers to a standard so they can compete successfully at various levels from school through to interclub competitions.

The squad develops further skills and abilities in all four strokes whilst encouraging participation in competitive swimming, with an aim to attend 4 district swim meets and qualifying for the Gippsland Championships.

Two (2) swim sessions per week and will provide an introduction to club drills and basic competition skills with the average age of swimmers being under 10yrs.

The season is divided into 3 cycles with preparation for the following major competitions.

WARRIORS SQUAD – Coaches: April Inglese

Cycle 1	23 Apr – 31 Aug <i>General preparation for winter club meets</i>
Cycle 2	03 Sep – 02 Nov <i>Preparation for GSI meets</i>
Cycle 3	05 Nov – 11 Mar <i>Preparation for Country Optus Junior Dolphins Meet (10 Nov) and Gippsland Championships (09-11 Mar)</i>

Team Manager: Julie Thomas

TRAINING TIMES

DAY	TIME	VENUE
Tuesday	6.00pm – 7.30pm	Warragul
Friday	6.00pm – 7.00pm	Warragul

SQUAD MEMBERS

Marcel Urbach	Harry Gargan	Robbie Arms
Hannah Leahy	Marigold Hay	Nate Joiner
Rouan White	Ayla Hammond	Erynn Thomas
Summer Stephens	Lara Jones	Quincey Hay
Zara Buch	Ashton Mammarella	Tegan Condabella
Christian Turnbull	Alexander Turnbull	Alex Hare

Should you have any questions regarding squad allocation please contact Coaching Coordinator Paul Myers ph: 0419 877 490 myersholdings@dcsi.net.au